



# TOUCH OF LOVE OUTREACH

## *Annual Report & Impact Review*

### 2024-2025



# Celebrating hope, belonging and community strength



# You are the heart of Touch of Love.



# You matter, You are not alone

It is a moment to honour every child who found confidence, every mother who found connection, every New Scot who found belonging, and every volunteer who gave their heart to this work.





# Who We Are

Touch of Love Outreach supports New Scots, ethnic minority families, isolated mothers, young people and households facing hardship across Aberdeen and Aberdeenshire.

We meet people with kindness, dignity and care - offering support at the moment they need it most.

Our work is rooted in community, compassion and seeing every person with love.



# Our Trustees & Leadership



**Rev. Fr. Franklin  
Umekachikelu**  
MSP, Ph.D, MSc, MA  
Chairperson | Clergy



**Vivian  
Onyeka**  
Trustee | NatWest



**Maria  
Watson**  
Trustee | NHS



**Vivienne  
Amakiri**  
Trustee | University of  
Aberdeen



**Hon. Dr Jane  
Ogamba Akadiri**  
Founder | Chief Executive



# Food Security: Food Bank & Café Corners

Since our inception in 2020, we have:

**60,000+**

Food parcels Distributed

**39,000+**

warm meals served

**35,000+**

individuals Supported,  
including over 12,000 children

Every parcel carries dignity, relief and hope.  
Our café corners offer something just as  
powerful - a warm space, a listening ear, and  
a reminder that nobody should face  
hardship alone.





## Why Food Support Matters (Cited Evidence)

- **1 in 5 children in Scotland** live in poverty (Scottish Government, 2024)
- Food insecurity is higher among **ethnic minority and migrant families** (JRF, 2023)
- NRPF households are disproportionately impacted by hunger (Scottish Gov, 2023)

Touch of Love's food support is not optional.  
It is essential.

# Our Food Bank Impact in Numbers

Since our inception in 2020, together we have

*A year of care, dignity and community strength*

This page captures the scale of what we have done together.

Every number represents a real family, a real young person, a real moment of hope.



**20,000+**

food parcels this year

**8,000+**

individuals supported  
in 2025

**60,000+**

food parcels delivered  
since inception (2020)

**35,000+**

people supported  
since inception

**2000+ families**

signposted to essential services  
Housing, welfare advice, healthcare,  
mental health and crisis support

**39,000+**

warm meals shared  
Through food banks,  
community meals and  
outreach events

**70%+**

of households supported  
more than once

**300+**

people supported towards  
employment or training  
Including CV support,  
referrals, and work-readiness  
programmes

**3 food bank hubs  
across Aberdeen**

(Torry, Tullos, Bridge of Don)

**1 in 3 people  
supported are  
children**

**40%**

increase in demand this year  
Driven by rising food, energy  
and housing costs

# Young Achievers Club

450+ New Young Scots supported annually

85–91% of young people report improved confidence, creativity, leadership, and emotional wellbeing

79% say trips and outdoor learning helped them feel more connected to Scotland

86% say cultural arts boosted pride in identity

Activities include football, arts, STEM, debates, cultural dance, cooking, trips, youth voice





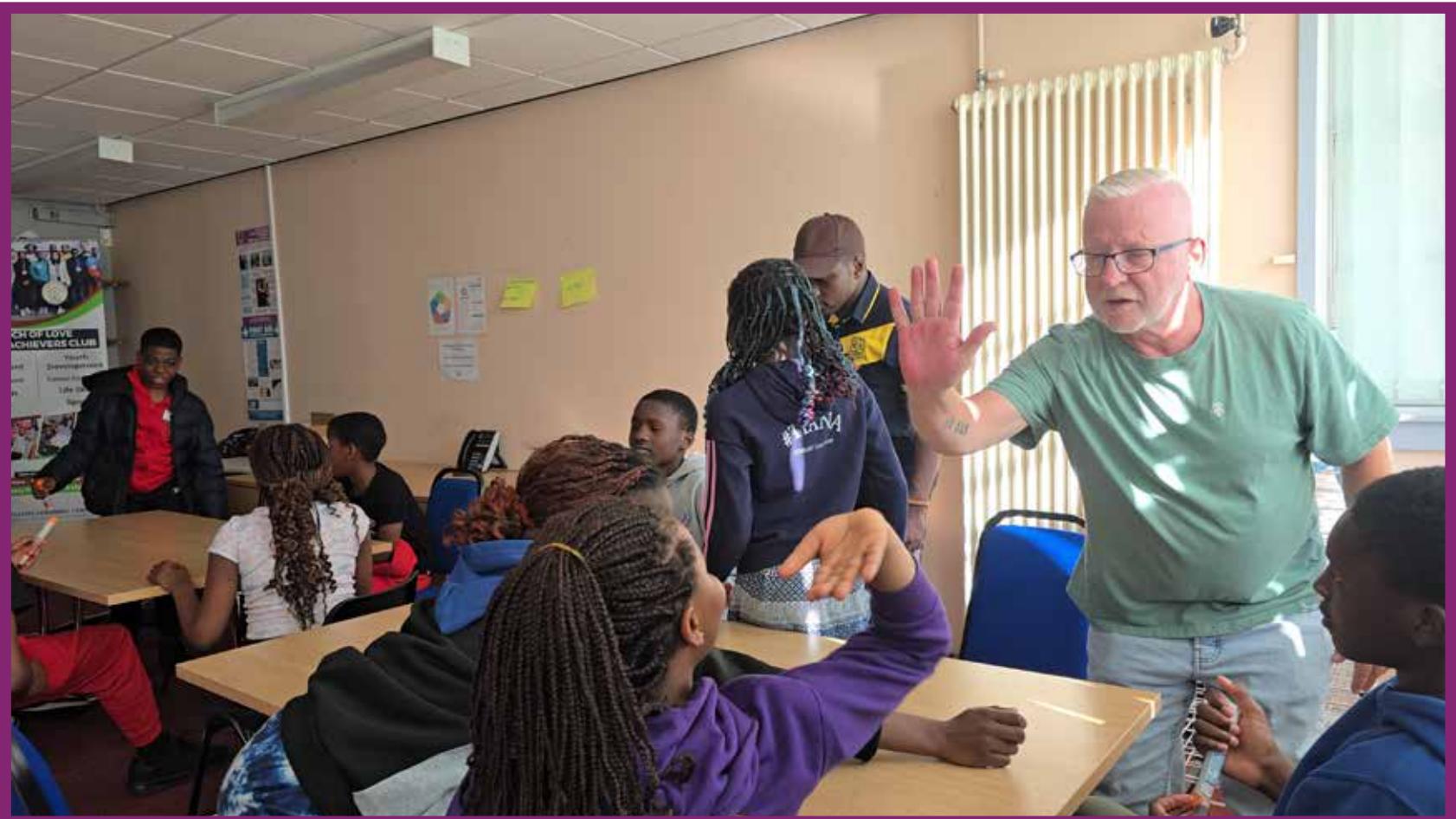




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# Why Youth Work Matters (Cited Evidence)

- Youth loneliness has risen sharply since 2020 (YouthLink Scotland, 2023)
- Early intervention reduces long-term mental health challenges (NHS Scotland, 2023)
- Youth work reduces antisocial behaviour and improves life chances (Education Scotland, 2022)



# Employability & Leadership Pathways

30+ Young Scots supported to secure internships

## A Short Success Story

*"I never believed I could get a job. TOL helped me with my CV, interview skills and confidence. Through KFC Hatch, I got my first work experience. Now I'm studying, working and supporting my family. It changed everything for me."*

— 18-year-old participant



# TOUCH OF LOVE YOUNG ACHIEVERS – IN NUMBERS

*A year of confidence, connection and possibility*

*Every number reflects a young person who found belonging, built skills, or discovered belief in themselves.*



## YOUTH PARTICIPATION & REACH

**100+**

young people engaged across weekly and bi-weekly sessions

**8–25yrs**

age range supported, with tailored pathways by stage

**70%+**

participants from minority ethnic and New Scot backgrounds

**60%**

live in SIMD areas or face multiple barriers to participation

## WELLBEING, CONFIDENCE & BELONGING

**85%**

reported increased confidence and self-esteem

**1 in 3 young people joined feeling socially isolated**

**90%**

said the group helped them feel safe, welcomed and valued

**£0 cost**

to attend – removing financial barriers for families

# TOUCH OF LOVE YOUNG ACHIEVERS – IN NUMBERS

## SKILLS, LEADERSHIP & POSITIVE DESTINATIONS

**40+**

young people supported into volunteering, leadership or peer roles

**60+**

received employability support (CVs, interviews, work readiness)

**30+**

young people progressed into paid work, training or further study

**100%**

of youth leaders helped plan or deliver activities

## CREATIVE, SPORT & CULTURAL ENGAGEMENT

**120+**

took part in dance, music, arts or cultural performance

**20+**

public performances and community events

### **Mixed-gender sports**

challenging stereotypes and building teamwork

### **Youth-led design**

young people shape sessions, rules and priorities

## PROTECTIVE & PREVENTATIVE IMPACT

### **Early intervention**

supporting mental health before crisis

### **Consistent relationships**

trusted adults and peer networks

### **Reduced risk**

of disengagement, antisocial behaviour and isolation

This is not activity for activity's sake.

This is youth work that changes trajectories.



# Mum & Baby/Toddler Group

**Supporting 50+ minority ethnic mothers each year**

- Warm, nursery-style social play for toddlers
- Peer support and friendship
- Early years learning
- ChildSmile partnerships for dental care

Mothers tell us this group has helped them “feel seen again” and “find their voice.”



# Integration Support for New Scots

**350+ New Scots Mums  
supported annually**

(Integration workshops, signposting,  
language confidence, NRPF support)

**4,000+ minority ethnic households  
supported since inception**

(Approximately 15,000  
individuals)

**50+ ethnic minority  
mothers supported yearly**

Through our Mum & Baby/Toddler  
programme (Play-based learning, early  
years development, confidence & wellbeing)



# TOL Arts, Dance & Culture

30+ cultural performances since 2022

Including:

- National Youth Awards • Black Scottish Awards
- Aberdeen Mela • ShmuFest • Aberdeen Christmas Parade
- Discover Africa • Iwaji Cultural Festival

**1 major heritage project delivered:**

Torry Memories – Voices of the Sea

**Member of Culture North East**

Supporting cultural participation for minority ethnic communities



# TOL Arts, Dance & Culture



# Volunteers – The Heart of TOL

**11,919 volunteer hours given this year**

(Equivalent to over 5.5 full-time staff)

**65+ active volunteers**

supporting food banks, youth groups, mums' programmes, outreach and community events.

**1,200+ warm conversations in Café Corners**

(Reducing loneliness every week)



# *Awards & Recognition*

**12 awards, recognitions & nominations in 2024–25, including:**

- **Charity of the Year (under £100k)** – Scottish Charity Awards
- **People's Choice Award 2025**
- **Winner – Inspirational Leader of the Year** (National Youth Awards 2025 – Dr Jane Ogamba Akadiri)
- **Finalist – Community-Based Youth Work** – National Youth Awards 2025
- **KAVS Nominee 2025**
- **Honorary Doctorate of Business Administration (DBA)** – Dr Jane Ogamba Akadiri – Robert Gordon University
- **Five Scottish Parliamentary Mentions** recognising TOL's work in food poverty, New Scots support, ethnic minority communities and youth work aligned with The Promise
- **UK Parliament Mention** – Kirsty Blackman MP

## *2024*

- **Commendation** – Outstanding Contribution to the African Community (Black Scottish Awards)
- **Finalist** – Equality, Diversity & Inclusion (National Youth Awards)
- **Finalist** – Community Organisation of the Year (Black Scottish Awards)



# *Recognition & Trust*

Moments of recognition from partners, funders, and national bodies.



# 2025 : Recognition alongside peers at the 2025 Scottish Charity Awards



# Thank You



Nothing we do happens in isolation.

This year has been shaped by the generosity, trust and commitment of so many people who chose to stand alongside our communities – quietly, consistently and with heart.

To our funders and partners, thank you for believing in our work and trusting us to steward your support with care and integrity.

To our volunteers, thank you for showing up week after week – with compassion, patience and kindness – often behind the scenes, always making a difference.

To our community partners, schools, faith groups and local organisations, thank you for walking with us and helping create spaces where people feel safe, welcomed and valued.

And to the families, young people and individuals who place their trust in Touch of Love Outreach – thank you. Your strength, courage and openness continue to guide and inspire everything we do.

We are deeply grateful.  
And we carry this work forward together.

## Touch of Love Outreach (SCIO)

SC050493

Receipts and payments accounts									
For the period from	Period start date			to	Period end date				
	Day	Month	Year		Day	Month	Year		
	01	April	2024		31	March	2025		

## Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	18,704				18,704	26,493
Legacies					-	
Grants	500	150,126			150,626	48,839
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>19,204</b>	<b>150,126</b>	<b>-</b>	<b>-</b>	<b>169,330</b>	<b>75,332</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>19,204</b>	<b>150,126</b>	<b>-</b>	<b>-</b>	<b>169,330</b>	<b>75,332</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	2,529	-			2,529	300
Gross trading payments					-	-
Investment management costs					-	
Payments relating directly to charitable activities	15,639	147,996			163,635	81,376
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	250				250	250
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>18,418</b>	<b>147,996</b>	<b>-</b>	<b>-</b>	<b>166,414</b>	<b>81,926</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	-
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>18,418</b>	<b>147,996</b>	<b>-</b>	<b>-</b>	<b>166,414</b>	<b>81,926</b>
<b>Net receipts / (payments)</b>	<b>786</b>	<b>2,130</b>	<b>-</b>	<b>-</b>	<b>2,916</b>	<b>( 6,594)</b>
<b>A5 Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>786</b>	<b>2,130</b>	<b>-</b>	<b>-</b>	<b>2,916</b>	<b>( 6,594)</b>

## Grants as at 31 March 2025

Sources	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
SCOTTISH CHILDRENS LOTTERY	-	4,000	4,000	-
AWARDS FOR ALL		19,968	19,968	-
ETHNIC MINORITY DEVELOPMENT FUND	-	9,844	9,844	-
NHS GRAMPIAN	-	4,400	4,400	500
ABERDEEN CITY COUNCIL	-	8,839	8,839	11,813
THE CORRA FOUNDATION	-	-	-	3,000
CROWDFUNDER LTD	-	-	-	10,333
THE ROBERTSON TRUST	-	13,000	13,000	-
YOUNG START FUND	-	20,000	20,000	-
MOVEMENT FOR GOOD	-	-	-	1,000
ENERGY TRANSITION COASTAL PROGRAMME	-	9,518	9,518	-
WOOD FOUNDATION - YPI SCOTLAND	-	-	-	3,000
TRADE WIDOWS FUND	-	2,500	2,500	-
ANTI-RACISM OBSERVATORY FOR SCOTLAND	-	2,310	2,310	-
ARNOLD CLARK	-	2,500	2,500	-
YOUTHLINK SCOTLAND	-	14,625	14,625	7,910
YOUTH SCOTLAND	-	2,000	2,000	808
PEOPLE'S POST CODE LOTTERY TRUST	-	14,976	14,976	
ACVO-TSI	-	14,976	14,976	9,975
NEIGHBOURLY	-	730	730	500
IMPACT FUNDING	-	-	-	
PRET-A-PRET	500	-	500	
WALKING SCOTLAND	-	4,940	4,940	
ASDA FOUNDATION	-	1,000	1,000	
<b>Total</b>	<b>500</b>	<b>150,126</b>	<b>150,626</b>	<b>48,839</b>



## Expenditures as at 31 March 2025

	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
Rent	6,498	-	6,498	3,268
Insurance	-	1,086	1,086	-
Admin	-	1,864	1,864	-
Meeting Room Subscription	-	336	336	-
Website and broadband	-	-	-	85
Food Pantry Equipment/ fitting	-	-	-	198
Food Pantry Repairs	-	-	-	-
Postage and Printing	-	117	117	27
Promotional Materials	-	1,392	1,392	1,103
Office Furniture and Fitting	-	1,334	1,334	-
Cleaning and Waste Disposal	-	-	-	-
Purchase of Laptop, Hardware and Software	-	3,307	3,307	679
Team Building	-	1,622	1,622	1,225
Stationeries	-	-	-	-
Volunteers Expenses	-	7,094	7,094	1,607
Bank charges	-	81	81	67
Fundraising Expenses	2,529	-	2,529	300
Volunteers Training	-	1,069	1,069	207
Community Food Projects	-	25,427	25,427	23,154
Youth Projects	-	34,562	34,562	12,660
Staff Cost	-	20,400	20,400	12,255
Tackling Loneliness & Social Isolation	-	9,616	9,616	4,513
Health & Wellbeing Projects	-	5,104	5,104	3,494
Holistic Support for Ethnic Minorities	-	11,485	11,485	1,680
Cultural Projects	-	9,817	9,817	-
Sessional Costs	-	12,284	12,284	10,957
International:	-	-	-	-
Basic Necessities Projects	4,401	-	4,401	2,250
Feed the Hungry Projects	1,163	-	1,163	750
School Outreach Projects	1,102	-	1,102	-
Medical Outreach Projects	1,132	-	1,132	-
Internet Provision Projects	-	-	-	-
Accountancy/ Independent Examiner Cost	250	-	250	250
Health and Safety Equipment Cost (Including PPE)	-	-	-	-
Professional Membership Fee	1,343	-	1,343	1,195
<b>Total</b>	<b>18,418</b>	<b>147,996</b>	<b>166,414</b>	<b>81,926</b>



## Section B Statement of balances

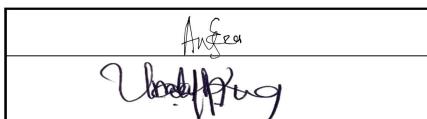
Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Cash and bank balances at start of year	5,030	2,705			7,735	18,669
	Surplus / (deficit) shown on receipts and payments account	786	2,130			2,916	( 4,270)
						-	
						-	
	<b>Cash and bank balances at end of year</b>	<b>5,816</b>	<b>4,835</b>	<b>-</b>	<b>-</b>	<b>10,652</b>	<b>14,399</b>
<b>B2 Investments</b>	Details			Fund to which asset belongs	Market valuation		
	n/a				to nearest £	Last year	
	n/a					to nearest £	
	n/a						
	n/a						
	n/a						
	n/a						
				Total	-		-
<b>B3 Other assets</b>	Details			Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
	n/a				to nearest £	to nearest £	to nearest £
	n/a						
	n/a						
	n/a						
	n/a						
	n/a						
	n/a						
	n/a						
				Total	-	-	-
<b>B4 Liabilities</b>	Details			Fund to which liability relates	Amount due		
	n/a				to nearest £	Last year	
	n/a					to nearest £	
	n/a						
	n/a						
	n/a						
				Total	-	-	-
<b>B5 Contingent liabilities</b>	Details			Fund to which liability relates	Amount due (estimate)		
	n/a				to nearest £	Last year	
	n/a					to nearest £	
	n/a						
				Total	-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval



Vivian Eseka  
Franklin Umekachikelu

Friday 28 November 2025  
Friday 28 November 2025

**Report to the trustees/members of**

**Registered charity number**

**On the accounts of the charity for the period**

**Set out on pages**

## Independent examiner's report on the accounts

Charity name  
**Touch of Love Outreach**

**SC050493**

Period start date			Period end date		
Day	Month	Year	Day	Month	Year
01	April	2024	31	March	2025

(remember to include the page numbers of additional sheets)

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

*Ibrahim Yohanna*

**Date:**

22/12/2025

Ibrahim Yohanna - Bsc, MSc, MBA, ACA, ACCA, FCCA, FFA, CIA,  
Association of Certified Chartered Accountants (ACCA)  
Institute of Financial Accountants (FFA)  
Institute of Chartered Internal Auditor of UK & Ireland (CIIA)  
Certified Fraud Examiner (CFE)

**Address:**

14

Valentine Crescent, Danestone

Aberdeen, AB22 8DB

U.K

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of  
any items that the  
examiner wishes to  
disclose**