



TOUCH OF LOVE OUTREACH

Annual Report & Impact Review

2024–2025



Celebrating hope, belonging and community strength



You are the heart of Touch of Love.



You matter, You are not alone

It is a moment to honour every child who found confidence, every mother who found connection, every New Scot who found belonging, and every volunteer who gave their heart to this work.





Who We Are

Touch of Love Outreach supports New Scots, ethnic minority families, isolated mothers, young people and households facing hardship across Aberdeen and Aberdeenshire.

We meet people with kindness, dignity and care - offering support at the moment they need it most.

Our work is rooted in community, compassion and seeing every person with love.

Our Trustees & Leadership



Rev. Fr. Franklin Umekachikelu

MSP, Ph.D, MSc, MA
Chairperson | Clergy



Vivian Onyeka

Trustee | NatWest



Maria Watson

Trustee | NHS



Vivienne Amakiri

Trustee | University of Aberdeen



Hon. Dr Jane Ogamba Akadiri

Founder | Chief Executive



Food Security: Food Bank & Café Corners

Since our inception in 2020, we have:

60,000+

Food parcels Distributed

39,000+

warm meals served

35,000+

individuals Supported,
including over 12,000 children

Every parcel carries dignity, relief and hope. Our café corners offer something just as powerful - a warm space, a listening ear, and a reminder that nobody should face hardship alone.





Why Food Support Matters (Cited Evidence)

- **1 in 5 children in Scotland** live in poverty (Scottish Government, 2024)
- Food insecurity is higher among **ethnic minority and migrant families** (JRF, 2023)
- NRPF households are disproportionately impacted by hunger (Scottish Gov, 2023)

Touch of Love's food support is not optional.
It is essential.

Our Food Bank Impact in Numbers

Since our inception in 2020, together we have

A year of care, dignity and community strength

This page captures the scale of what we have done together.
Every number represents a real family, a real young person, a real moment of hope.

20,000+

food parcels this year

8,000+

individuals supported
in 2025

60,000+

food parcels delivered
since inception (2020)

35,000+

people supported
since inception

2000+ families

signposted to essential services
Housing, welfare advice, healthcare,
mental health and crisis support

39,000+

warm meals shared
Through food banks,
community meals and
outreach events

70%+

of households supported
more than once

300+

people supported towards
employment or training
Including CV support,
referrals, and work-readiness
programmes

**3 food bank hubs
across Aberdeen**

(Torry, Tullos, Bridge of Don)

**1 in 3 people
supported are
children**

40%

increase in demand this year
Driven by rising food, energy
and housing costs



Young Achievers Club

450+ New Young Scots
supported annually

85–91% of young people
report improved confidence,
creativity, leadership, and
emotional wellbeing

79% say trips and outdoor
learning helped them feel
more connected to Scotland

86% say cultural arts
boosted pride in identity

Activities include football, arts,
STEM, debates, cultural dance,
cooking,
trips, youth voice









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Why Youth Work Matters (Cited Evidence)

- Youth loneliness has risen sharply since 2020 (YouthLink Scotland, 2023)
- Early intervention reduces long-term mental health challenges (NHS Scotland, 2023)
- Youth work reduces antisocial behaviour and improves life chances (Education Scotland, 2022)



Employability & Leadership Pathways

30+ Young
Scots supported
to secure
internships

A Short Success Story

*"I never believed I could get a job.
TOL helped me with my CV,
interview skills and confidence.
Through KFC Hatch,
I got my first work experience.
Now I'm studying,
working and supporting my family.
It changed everything for me."
— 18-year-old participant*



TOUCH OF LOVE YOUNG ACHIEVERS – IN NUMBERS

A year of confidence, connection and possibility

Every number reflects a young person who found belonging, built skills, or discovered belief in themselves.

YOUTH PARTICIPATION & REACH

100+

young people engaged across weekly and bi-weekly sessions

8–25yrs

age range supported, with tailored pathways by stage

70%+

participants from minority ethnic and New Scot backgrounds

60%

live in SIMD areas or face multiple barriers to participation

WELLBEING, CONFIDENCE & BELONGING

85%

reported increased confidence and self-esteem

1 in 3 young people joined feeling socially isolated

90%

said the group helped them feel safe, welcomed and valued

£0 cost

to attend – removing financial barriers for families

TOUCH OF LOVE YOUNG ACHIEVERS – IN NUMBERS

SKILLS, LEADERSHIP & POSITIVE DESTINATIONS

40+

young people supported into volunteering, leadership or peer roles

60+

received employability support (CVs, interviews, work readiness)

30+

young people progressed into paid work, training or further study

100%

of youth leaders helped plan or deliver activities

CREATIVE, SPORT & CULTURAL ENGAGEMENT

120+

took part in dance, music, arts or cultural performance

20+

public performances and community events

Mixed-gender sports

challenging stereotypes and building teamwork

Youth-led design

young people shape sessions, rules and priorities

PROTECTIVE & PREVENTATIVE IMPACT

Early intervention

supporting mental health before crisis

Consistent relationships

trusted adults and peer networks

Reduced risk

of disengagement, antisocial behaviour and isolation

**This is not activity for activity's sake.
This is youth work that changes trajectories.**

Mum & Baby/Toddler Group

Supporting 50+ minority ethnic mothers each year

- Warm, nursery-style social play for toddlers
- Peer support and friendship
- Early years learning
- ChildSmile partnerships for dental care

Mothers tell us this group has helped them
“feel seen again” and “find their voice.”



Integration Support for New Scots

350+ New Scots Mums supported annually

(Integration workshops, signposting, language confidence, NRPF support)

4,000+ minority ethnic households supported since inception

(Approximately 15,000 individuals)

50+ ethnic minority mothers supported yearly

Through our Mum & Baby/Toddler programme (Play-based learning, early years development, confidence & wellbeing)



TOL Arts, Dance & Culture

30+ cultural performances since 2022

Including:

- National Youth Awards • Black Scottish Awards
- Aberdeen Mela • ShmuFest • Aberdeen Christmas Parade
- Discover Africa • Iwaji Cultural Festival

1 major heritage project delivered:

Torry Memories – Voices of the Sea

Member of Culture North East

Supporting cultural participation for minority ethnic communities



TOL Arts, Dance & Culture



Volunteers – The Heart of TOL

11,919 volunteer hours given this year

(Equivalent to over 5.5 full-time staff)

65+ active volunteers

supporting food banks, youth groups, mums' programmes, outreach and community events.

*1,200+ warm conversations
in Café Corners*

(Reducing loneliness every week)



Awards & Recognition

12 awards, recognitions & nominations in 2024–25, including:

- **Charity of the Year (under £100k)** – Scottish Charity Awards
- **People's Choice Award 2025**
- **Winner – Inspirational Leader of the Year** (National Youth Awards 2025 – Dr Jane Ogamba Akadiri)
- **Finalist – Community-Based Youth Work** – National Youth Awards 2025
- **KAVS Nominee 2025**
- **Honorary Doctorate of Business Administration (DBA)** – Dr Jane Ogamba Akadiri – Robert Gordon University
- **Five Scottish Parliamentary Mentions** recognising TOL's work in food poverty, New Scots support, ethnic minority communities and youth work aligned with The Promise
- **UK Parliament Mention** – Kirsty Blackman MP

2024

- **Commendation** – Outstanding Contribution to the African Community (Black Scottish Awards)
- **Finalist** – Equality, Diversity & Inclusion (National Youth Awards)
- **Finalist** – Community Organisation of the Year (Black Scottish Awards)



Recognition & Trust

Moments of recognition
from partners, funders, and
national bodies.



2025 : Recognition alongside peers at the 2025 Scottish Charity Awards



Thank You

Nothing we do happens in isolation.

This year has been shaped by the generosity, trust and commitment of so many people who chose to stand alongside our communities – quietly, consistently and with heart.

To our funders and partners, thank you for believing in our work and trusting us to steward your support with care and integrity.

To our volunteers, thank you for showing up week after week – with compassion, patience and kindness – often behind the scenes, always making a difference.

To our community partners, schools, faith groups and local organisations, thank you for walking with us and helping create spaces where people feel safe, welcomed and valued.

And to the families, young people and individuals who place their trust in Touch of Love Outreach – thank you. Your strength, courage and openness continue to guide and inspire everything we do.

We are deeply grateful.
And we carry this work forward together.



Receipts and payments accounts

| For the period from | Period start date | | | to | Period end date | | |
|---------------------|-------------------|-------|------|----|-----------------|-------|------|
| | Day | Month | Year | | Day | Month | Year |
| | 01 | April | 2024 | | 31 | March | 2025 |

Section A Statement of receipts and payments

| | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total funds current period | Total funds last period |
|---|--------------------|------------------|----------------------------|---------------------------|----------------------------|-------------------------|
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| A1 Receipts | | | | | | |
| Donations | 18,704 | | | | 18,704 | 26,493 |
| Legacies | | | | | - | |
| Grants | 500 | 150,126 | | | 150,626 | 48,839 |
| Receipts from fundraising activities | | | | | - | - |
| Gross trading receipts | | | | | - | - |
| Income from investments other than land and buildings | | | | | - | |
| Rents from land & buildings | | | | | - | |
| Gross receipts from other charitable activities | | | | | - | |
| | | | | | - | |
| A1 Sub total | 19,204 | 150,126 | - | - | 169,330 | 75,332 |
| A2 Receipts from asset & investment sales | | | | | | |
| Proceeds from sale of fixed assets | | | | | - | |
| Proceeds from sale of investments | | | | | - | |
| A2 Sub total | - | - | - | - | - | - |
| Total receipts | 19,204 | 150,126 | - | - | 169,330 | 75,332 |
| A3 Payments | | | | | | |
| Expenses for fundraising activities | 2,529 | - | | | 2,529 | 300 |
| Gross trading payments | | | | | - | - |
| Investment management costs | | | | | - | |
| Payments relating directly to charitable activities | 15,639 | 147,996 | | | 163,635 | 81,376 |
| Grants and donations | | | | | - | |
| Governance costs: | | | | | - | |
| Audit / independent examination | 250 | | | | 250 | 250 |
| Preparation of annual accounts | | | | | - | |
| Legal costs | | | | | - | |
| Other | | | | | - | |
| | | | | | - | |
| A3 Sub total | 18,418 | 147,996 | - | - | 166,414 | 81,926 |
| A4 Payments relating to asset and investment movements | | | | | | |
| Purchases of fixed assets | | | | | - | - |
| Purchase of investments | | | | | - | |
| A4 Sub total | - | - | - | - | - | - |
| Total payments | 18,418 | 147,996 | - | - | 166,414 | 81,926 |
| Net receipts / (payments) | 786 | 2,130 | - | - | 2,916 | (6,594) |
| A5 Transfers to / (from) funds | | | | | | |
| | | | | | - | |
| Surplus / (deficit) for year | 786 | 2,130 | - | - | 2,916 | (6,594) |

Grants as at 31 March 2025

| Sources | Unrestricted funds | Restricted funds | Total current period | Total last period |
|--------------------------------------|--------------------|------------------|----------------------|-------------------|
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| SCOTTISH CHILDRENS LOTTERY | - | 4,000 | 4,000 | - |
| AWARDS FOR ALL | - | 19,968 | 19,968 | - |
| ETHNIC MINORITY DEVELOPMENT FUND | - | 9,844 | 9,844 | - |
| NHS GRAMPIAN | - | 4,400 | 4,400 | 500 |
| ABERDEEN CITY COUNCIL | - | 8,839 | 8,839 | 11,813 |
| THE CORRA FOUNDATION | - | - | - | 3,000 |
| CROWDFUNDER LTD | - | - | - | 10,333 |
| THE ROBERTSON TRUST | - | 13,000 | 13,000 | - |
| YOUNG START FUND | - | 20,000 | 20,000 | - |
| MOVEMENT FOR GOOD | - | - | - | 1,000 |
| ENERGY TRANSITION COASTAL PROGRAMME | - | 9,518 | 9,518 | - |
| WOOD FOUNDATION - YPI SCOTLAND | - | - | - | 3,000 |
| TRADE WIDOWS FUND | - | 2,500 | 2,500 | - |
| ANTI-RACISM OBSERVATORY FOR SCOTLAND | - | 2,310 | 2,310 | - |
| ARNOLD CLARK | - | 2,500 | 2,500 | - |
| YOUTHLINK SCOTLAND | - | 14,625 | 14,625 | 7,910 |
| YOUTH SCOTLAND | - | 2,000 | 2,000 | 808 |
| PEOPLE'S POST CODE LOTTERY TRUST | - | 14,976 | 14,976 | - |
| ACVO-TSI | - | 14,976 | 14,976 | 9,975 |
| NEIGHBOURLY | - | 730 | 730 | 500 |
| IMPACT FUNDING | - | - | - | - |
| PRET-A-PRET | 500 | - | 500 | - |
| WALKING SCOTLAND | - | 4,940 | 4,940 | - |
| ASDA FOUNDATION | - | 1,000 | 1,000 | - |
| Total | 500 | 150,126 | 150,626 | 48,839 |



Expenditures as at 31 March 2025

| | Unrestricted funds | Restricted funds | Total current period | Total last period |
|--|--------------------|------------------|----------------------|-------------------|
| | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| Rent | 6,498 | - | 6,498 | 3,268 |
| Insurance | - | 1,086 | 1,086 | - |
| Admin | - | 1,864 | 1,864 | - |
| Meeting Room Subscription | - | 336 | 336 | - |
| Website and broadband | - | - | - | 85 |
| Food Pantry Equipment/ fitting | - | - | - | 198 |
| Food Pantry Repairs | - | - | - | - |
| Postage and Printing | - | 117 | 117 | 27 |
| Promotional Materials | - | 1,392 | 1,392 | 1,103 |
| Office Furniture and Fitting | - | 1,334 | 1,334 | - |
| Cleaning and Waste Disposal | - | - | - | - |
| Purchase of Laptop, Hardware and Software | - | 3,307 | 3,307 | 679 |
| Team Building | - | 1,622 | 1,622 | 1,225 |
| Stationeries | - | - | - | - |
| Volunteers Expenses | - | 7,094 | 7,094 | 1,607 |
| Bank charges | - | 81 | 81 | 67 |
| Fundraising Expenses | 2,529 | - | 2,529 | 300 |
| Volunteers Training | - | 1,069 | 1,069 | 207 |
| Community Food Projects | - | 25,427 | 25,427 | 23,154 |
| Youth Projects | - | 34,562 | 34,562 | 12,660 |
| Staff Cost | - | 20,400 | 20,400 | 12,255 |
| Tackling Loneliess & Social Isolation | - | 9,616 | 9,616 | 4,513 |
| Health & Wellbeing Projects | - | 5,104 | 5,104 | 3,494 |
| Holistic Support for Ethnic Minorities | - | 11,485 | 11,485 | 1,680 |
| Cultural Projects | - | 9,817 | 9,817 | - |
| Sessional Costs | - | 12,284 | 12,284 | 10,957 |
| International: | - | - | - | - |
| Basic Necessities Projects | 4,401 | - | 4,401 | 2,250 |
| Feed the Hungry Projects | 1,163 | - | 1,163 | 750 |
| School Outreach Projects | 1,102 | - | 1,102 | - |
| Medical Outreach Projects | 1,132 | - | 1,132 | - |
| Internet Provision Projects | - | - | - | - |
| Accountancy/ Independent Examiner Cost | 250 | - | 250 | 250 |
| Health and Safety Equipment Cost(Including PPE | - | - | - | - |
| Professional Membership Fee | 1,343 | - | 1,343 | 1,195 |
| Total | 18,418 | 147,996 | 166,414 | 81,926 |



Section B Statement of balances

| Categories | Details | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total current period | Total last period |
|---------------|--|--------------------|------------------|----------------------------|---------------------------|----------------------|-------------------|
| | | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ | to nearest £ |
| B1 Cash funds | Cash and bank balances at start of year | 5,030 | 2,705 | | | 7,735 | 18,669 |
| | Surplus / (deficit) shown on receipts and payments account | 786 | 2,130 | | | 2,916 | (4,270) |
| | | | | | | - | |
| | | | | | | - | |
| | Cash and bank balances at end of year | 5,816 | 4,835 | - | - | 10,652 | 14,399 |

| Categories | Details | Fund to which asset belongs | Market valuation | Last year |
|----------------|---------|-----------------------------|------------------|--------------|
| | | | to nearest £ | to nearest £ |
| B2 Investments | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | Total | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (if available) | Current value (if available) | Last year |
|-----------------|---------|-----------------------------|---------------------|------------------------------|--------------|
| | | | to nearest £ | to nearest £ | to nearest £ |
| B3 Other assets | n/a | | | | - |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | n/a | | | | |
| | Total | | - | - | - |

| Categories | Details | Fund to which liability relates | Amount due | Last year |
|----------------|---------|---------------------------------|--------------|--------------|
| | | | to nearest £ | to nearest £ |
| B4 Liabilities | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | Total | | - | - |

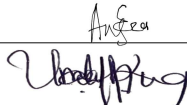
| Categories | Details | Fund to which liability relates | Amount due (estimate) | Last year |
|---------------------------|---------|---------------------------------|-----------------------|--------------|
| | | | to nearest £ | to nearest £ |
| B5 Contingent liabilities | n/a | | | |
| | n/a | | | |
| | n/a | | | |
| | Total | | - | - |

Signed by one or two trustees on behalf of all the trustees

Signature


Print Name

Date of approval



Vivian Eseka
Franklin Umekachikelu

Friday 28 November 2025
Friday 28 November 2025

| | | Independent examiner's report on the accounts | | | | | |
|---|--|--|-------|------|-----------------|------------|---|
| Report to the trustees/members of | | Charity name Touch of Love Outreach | | | | | |
| Registered charity number | | SC050493 | | | | | |
| On the accounts of the charity for the period | | Period start date | | | Period end date | | |
| | | Day | Month | Year | Day | Month | Year |
| | | 01 | April | 2024 | 31 | March | 2025 |
| Set out on pages | | | | | | | (remember to include the page numbers of additional sheets) |
| Respective responsibilities of trustees and examiner | The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention. | | | | | | |
| Basis of independent examiner's statement | My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts. | | | | | | |
| Independent examiner's statement | <p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <p>1. which gives me reasonable cause to believe that in any material respect the requirements:</p> <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <p>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</p> | | | | | | |
| Signed: |  | | | | Date: | 22/12/2025 | |
| Name: | Ibrahim Yohanna - Bsc, MSc, MBA, ACA, ACCA, FCCA, FFA, CIA, | | | | | | |
| Relevant professional qualification(s) or body (if any): | Association of Certified Chartered Accountants (ACCA) Institute of Financial Accountants (FFA) Institute of Chartered Internal Auditor of UK & Ireland (CMIIA) Certified Fraud Examiner (CFE) | | | | | | |
| Address: | 14 Valentine Crescent, Danestone Aberdeen, AB22 8DB U.K | | | | | | |

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**